

Dear Roadrunners:

Here is your Family Newsletter:

News from Child Nutrition:

2022-23 school year: Families must apply to receive free meals!

For the upcoming 2022-23 school year, students will no longer receive free meals unless they have been approved for the Free and Reduced Meals program. This is a change from this year (the 2021-22 school year) with free meals being offered to all PSD students. The program that helped make that possible (related to the pandemic) is ending. For the 2022-23 school year, families must apply and be approved for the Free and Reduced Meals program to receive benefits. **Applications for the 2022-23 school year are now being accepted. See link below to apply:**

<https://www.myschoolapps.com/Home/PickDistrict>

** Please note - Milk is **no longer a free item**. Students who bring a home lunch and take a milk from the cafeteria are charged 75 cents. Milk is included in the price of the School Lunch. **

News from the Front Office:

Classroom Treats

If it is necessary to have food in classrooms during school hours (i.e. birthday snack, holidays, special occasions, school events, etc.), only commercially prepared foods and packaged foods from retail stores should be served. Items must be commercially individually wrapped. As always, please contact your child's teacher prior to sending food or treats in.

News from the School Counselor:

Our School Counselor will begin teaching the Second Step Curriculum this week. Second Step Elementary is designed to help kids succeed in school and in life by teaching them skills for learning- such as focusing attention and listening- as well as how to manage their emotions, solve problems, and make friends. We will periodically send Home Links to parents throughout the year. The Home Links will be sent home so that parents know what we are teaching and how they can best support our efforts. There is a spot for parents to sign at the bottom, but we will not be collecting these papers, so there is no need to sign or return them. The Home Links are optional however we encourage families to reinforce these skills at home. If you have any

questions, please feel free to reach out to Megan Oestreich, School Counselor, at moestreich@psdschools.org.

To learn more and create an account, families can take the following steps:

1. Go to www.secondstep.org
2. Click "Create Account"
3. Enter your email and create a password.
4. Verify your account via email.
5. Go through the prompts to create a caregiver account.
6. Login and click "Family Access".
7. Enter the following activation key in the "Family Access" section for the appropriate grade level:
 1. Kindergarten and Grade 1: SSP1 FAMI LY71
 2. Grade 2: SSP2 FAMI LY72
 3. Grade 3: SSP3 FAMI LY73
 4. Grade 4: SSP4 FAMI LY74
 5. Grade 5: SSP5 FAMI LY75

News from our Health Office:

Students are **not to carry cough drops** in their back packs for use during the school day. If cough drops are required, there is a Medication Authorization form from the Health Room that must be completed for any medication to be given at school (prescription or over the counter). This form needs to be filled out and signed by the Health Care Provider and then signed by the Parent and returned to the health room with the cough drops in their original package. Once this process is complete, the student can come to the Health Room and the Health Room Tech will give them a cough drop. Mints/candies are an alternative for dry throats that can be carried by the student so they can use as they need

Vaccination Exclusion Day is Nov. 1, 2022. Your student may be excluded from school if the school does not have an up-to-date vaccine record, certificate of exemption, or in-process plan on file for your student.

Your student must be vaccinated against:

- **Hepatitis B (HepB)**
- **Diphtheria, tetanus, pertussis (DTaP, DTP, Tdap)**
- **Polio (IPV)**
- **Measles, mumps, rubella (MMR)**
- **Varicella (chicken pox)**

More information can be found on the PSD Website under Quick Links>student health>immunizations

PSD will send automatic reminders on Sept. 17 and Oct. 14, 2022.

[2022 Back to School Clinic Flyer \(1\) \(2\).pdf](#)

Please be advised when your student returns to school from an illness and had any of the following symptoms:

- fever or chills
- cough,
- shortness of breath or difficulty breathing
- fatigue, muscle, or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting, diarrhea

a **NEGATIVE Covid test is required** (home test is accepted).

Except, if someone in the household had COVID-19 in the previous 10 days, a negative PCR or molecular test is required.

Please email all test results with **student name, date and time** to:

tbouchard@psdschools.org (health tech)

News from our P.E. Teacher:

Hello Riffenburgh Families,

We will once again be participating in the Fall walk/bike to school challenge. All of the information is attached here and your student will also be bringing home a paper copy of the log. The challenge runs for the whole month of October and logs will be due back to me by Friday Nov. 4. Students can earn different certificate levels based on the number of times they walk or bike to school in October and also be entered into a drawing for a prize package. Please contact me via email if you have any questions about this fun challenge! Please note that my email address has changed.

[Fall 2022 - SRTS Walk-Bike Challenge - Tracker \(1\).pdf](#)

[RIF Fall 2022 - SRTS Walk-Bike Challenge - Flier \(1\) \(1\).pdf](#)

Mrs. McAnally
amcanally@psdschools.org

VOLUNTEERS:

If you plan on Volunteering at Riffenburgh, you must register or check that your status is current with Poudre School District (PSD) thru the following portal (renewals are every 3 years) before you come to school.

<https://www.psdschools.org/community/volunteers>

** Please remember to bring a Government Issued Identification (Driver's License) to school when you check in in as a Visitor or Volunteer. This is a requirement for the Check In process. **



Family Fun Night

Please join us for a Family Fun Night at Riffenburgh from 4:30-7:00 on Wednesday, September 28th. We will have fun activities for the kids and there will be food trucks on site to purchase food (or you can bring your own picnic dinner). We look forward to seeing you there!

Fun Run

Students should have brought home packets today with information on how to fundraise for our annual Fun Run. Please email RiffenburghPTO@gmail.com if you have any questions.

The event will take place on Friday, October 7th. Please plan to join us to cheer on our students. Each class will have a designated time to run their laps. Check out www.RiffenburghPTO.com for details.

Interested in volunteering for the Fun Run? Please sign up here: <https://www.signupgenius.com/go/10C0E4AABA822A0FCC34-funrun>

Fall Grants

Each Fall and Spring, the PTO reviews grant requests from Riffenburgh teachers, staff, students, and/or parents on ways to improve our school.

Do you have an idea for a grant request? Please fill out the form located here: <https://form.123formbuilder.com/4070463/form>

Submissions are due by October 3rd and the PTO will review them on October 10th.

UPCOMING DATES:

- October 13 and 14 NO School for Students