Dear Roadrunners:

News from Child Nutrition:

Milk is **no longer a free item**. Students who bring a home lunch and take a milk from the cafeteria are charged 75 cents. Milk <u>is</u> included in the price of the School Lunch. **

News from the Front Office:

Classroom Treats

If it is necessary to have food in classrooms during school hours (i.e. birthday snack, holidays, special occasions, school events, etc.), only commercially prepared foods and packaged foods from retail stores should be served. Items must be commercially individually wrapped. As always, please contact your child's teacher prior to sending food or treats in.

VOLUNTEERS:

If you plan on Volunteering at Riffenburgh, you must register or check that your status is current with Poudre School District (PSD) thru the following portal (renewals are every 3 years) before you come to school.

https://www.psdschools.org/community/volunteers

** Please remember to bring a Government Issued Identification (Driver's License) to school when you check in in as a Visitor or Volunteer. This is a requirement for the Check In process. **

News from our Health Office:

Clothes Donation:

If you have some shorts that your student grew out of, could you consider dropping them off at the health office? We especially need **boys' shorts, size 7-8.** Thank you.

No Cough Drops in School:

Students are **not to carry cough drops** in their back packs for use during the school day. If cough drops are required, there is a Medication Authorization form from the Health Room that must be completed for any medication to be given at school (prescription or over the counter). This form needs to be filled out and signed by the Health Care Provider and then signed by the Parent and returned to the health room with the cough drops in their original

package. Once this process is complete, the student can come to the Health Room and the Health Room Tech will give them a cough drop. Mints/candies are an alternative for dry throats that can be carried by the student so they can use as they need.

Vaccines:

Vaccination Exclusion Day is Nov. 1, 2022. Your student may be excluded from school if the school does not have an up-to-date vaccine record, certificate of exemption, or in-process plan on file for your student.

Your student must be vaccinated against:

- Hepatitis B (HepB)
- Diptheria, tetanus, pertussis (DTaP, DTP, Tdap)
- Polio (IPV)
- Measles, mumps, rubella (MMR)
- Varicella (chicken pox)

More information can be found on the PSD Website under Quick Links>student health>immunizations

PSD will send automatic reminders on Sept. 17 and Oct. 14, 2022.



Return to School:

Please be advised when your student returns to school from an illness and had any of the following symptoms:

- fever or chills
- cough,
- shortness of breath or difficulty breathing
- fatigue, muscle, or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting, diarrhea

a **NEGATIVE Covid test is required** (home test is accepted).

Except, if someone in the household had COVID-19 in the previous 10 days, a negative PCR or molecular test is required.

Please email all test results with student name, date and time to:

tbouchard@psdschools.org (health tech)

News from our P.E. Teacher:

Hello Riffenburgh Families,

We will once again be participating in the Fall walk/bike to school challenge. All of the information is attached here and your student will also be bringing home a paper copy of the log. The challenge runs for the whole month of October and logs will be due back to me by Friday Nov. 4. Students can earn different certificate levels based on the number of times they walk or bike to school in October and also be entered into a drawing for a prize package. Please contact me via email if you have any questions about this fun challenge! Please note that my email address has changed.



Fall 2022 - SRTS Walk-Bike Challenge



RIF_Fall 2022 - SRTS Walk-Bike Challenge

Mrs. McAnally amcanally@psdschools.org

News from the PTO:

Fun Run:

Students should have brought home packets last week with information on how to fundraise for our annual Fun Run. Don't forget to register your student on MyBooster.com (instructions can be found at www.RiffenburghPTO.com/FunRun). Please email RiffenburghPTO@gmail.com if you have any questions.

The event will take place on Friday, October 7th. Please plan to join us to cheer on our students. Each class will have a designated time to run their laps. Check out www.RiffenburghPTO.com for details.

Interested in volunteering for the Fun Run? Please sign up

here: https://www.signupgenius.com/go/10C0E4AABA822A0FCC34-funrun

Fall Grants:

Each Fall and Spring, the PTO reviews grant requests from Riffenburgh teachers, staff, students, and/or parents on ways to improve our school.

Do you have an idea for a grant request? Please fill out the form located here: https://form.123formbuilder.com/4070463/form

Submissions are due by October 3rd and the PTO will review them on October 10th.

UPCOMING DATES:

• October 13 and 14 NO School for Students